



Cycle4Cynthia Terms and Conditions

1. All participants must complete and return a registration form or enter online.
 - a. An email address must be provided for each rider for event communications
 - b. An emergency telephone number must be provided for each rider
 - c. Registration will close on 3rd September 2021 and riders will not be able to register on the day of the event
 - d. Participants are not able to transfer entry to another person
2. In the event of Cycle4Cynthia being cancelled, your entry fee can be refunded on request. Alternatively, you can choose to donate your registration fee to support the work of Cynthia Spencer Hospice.
3. Participants accept that the event they have entered is not a race in any format.
4. Participants are fully responsible for their actions whilst attending the event, this includes during the ride itself. The organisers will not accept responsibility for riders' actions nor their consequences.
 - a. All riders/participants are required to abide by the Highway Code at all times during the event.
5. We strongly advise that all participants taking part in Cycle4Cynthia wear a helmet and abide by the Highway Code and local bylaws of England
6. Participants are required to wear their rider number.
 - a. Participants must complete emergency contact details on the reverse of rider number.
7. Participants confirm that the cycle/bike they are riding for the event and all equipment is of a suitable standard and roadworthy, with the ability to complete distance they have entered.
8. As organisers, we will provide first aid cover and adequate food/refreshment stops.
 - a. Riders/participants are responsible for insuring they have adequate water for them to complete the cycle ride.
9. We reserve the right to refuse entry to the event to anyone with inappropriate equipment or clothing.
10. Upon registration to the event, riders agree that they are physically and mentally capable of riding the distance that they have chosen.

- a. If during the event riders decide to change the route or distance, they do so at their own risk.
11. During the event, there will warning signs at appropriate points. The absence of these signs does not signal that there are no dangers.
 - a. It is the responsibility of rider/participant to decide whether to ride a section for the route or not.
12. All routes are 'signed' with the appropriate colour arrow for the route chosen.
 - a. Painted road markings will also be on route with the appropriate colour for the chosen route.
13. Participants must listen to the instructions given by marshals on the route.
14. We reserve the right to shorten or alter published routes at any time due to safety concerns for those taking part.
 - a. Entry fee will not be refunded if the route chosen is shortened or changed.
15. If riders fail to complete the route for any reason, they agree to return to main event area or they must call the head marshal or the event emergency number. Both numbers are in the ride guide.
16. Participants are requested to ride single file where appropriate and no more than two abreast at any time. Please be aware of other cyclists, other road users, and other traffic and always indicate your intention to stop or change direction.
17. Participants must adhere to and obey the Highway Code and local bylaws of England.
18. Participants must not drop or leave any litter on any part of the route but dispose of it responsibly at an appropriate place or bin.
19. Participants are expected to respect the roads, villages and countryside that the event routes pass through.
 - a. If riders stop for a comfort break they are asked to do so discretely and appropriately and not to cause any offence to residents and others.
20. If a participant is involved in an accident and the situation arises that they are not capable of making the decision to call the emergency services, they agree that a member of our Team or member of the public may call on their behalf.
21. Participants accept full responsibility for any fees or costs incurred or arising from incident/accident involved in during event.
22. Participation in the event is at riders' own risk. Cynthia Spencer Hospice cannot be held responsible for any personal injury, accident, loss or damage.
23. We reserve the right to cancel the event due to extreme weather conditions.
 - a. Cancellation of event due to weather conditions

- i. Riders will be given 24 hours' notice if event requires cancellation due to adverse weather conditions
- 24. We reserve the right to change how the event operates due to government social distancing guidelines.
 - a. COVID restrictions change and reduced numbers are allowed at physical event taking place at Lamport Hall, 19th September 2021 to comply with social distancing measures.
 - i. Places will be allocated on fundraising achievement – those who have raised the most will be guaranteed a place at the live event on 19th September 2021 depending on numbers allowed
 - b. COVID restrictions involve all riders/participants moving to fully Virtual Event
 - i. Decision to move to fully virtual event will take place no later than three weeks prior to the event date.
- 25. By entering this event you are agreeing that any official photographs taken can and may be used in promotion of future events.
- 26. There will be an official photographer taking photographs at this event. These photographs will be used on social media and be used for further promotional materials.
- 27. We will only use riders' personal information as set out in our privacy policy, a copy of which is available at <https://cynthiaspencer.org.uk/privacy-policy>.
- 28. Disclaimer: Participating in this event is a hazardous activity. Each participant acknowledges that there is an inherent risk of physical injury that cannot be eliminated completely, including but not limited to an above-average risk of death and/or serious injury. Knowing this, each participant voluntarily assumes all the risks of participating in the event, including the use of fancy dress and take full responsibility for any and all damages, liabilities, losses, or expenses incurred as a result of their participation.